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توضیح:
علي محمد مختاری

استاد راهنما:
دکتر علي اکبر حسینی

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Comparison of quality of life in martyrs and veterans family students with normal students at kerman university of medical science: 2014

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Ali Mohamad Mokhtari

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چکیده

مقدمه: چنگ اثرات ویژه و عوامل بر سلامت روانی و پیشگیری سریع بودن جان، حالات و درمان کارکنان خود دارد. از این رو، هیچ‌کدام از فاکتورهای تاثیرگذاری کمیمیت‌زندگی، افراد کارآزمایی آن‌ها و جامعه از آن را نباید به‌طور فرعی مطرح کنیم. 

روش‌کار: این مطالعه به روش مقطعی تحقیقی انلاین گردید و جامعه آماری معنی‌دار مطالعه شامل دانشجویان خانواده و این آنگر و نیز دانشجویان عادی دانشگاه علوم پزشکی کرمان بود. تمام دانشجویان شهادت و ایبییکر که امکان دسترسی بالقوه به آنان وجود داشت به روش سرشماری برای شرکت در مطالعه در نظر گرفته شدند. در هر دو گروه، حد حدود 130 تن از گروه استفاده شد. 

نتایج: این مطالعه به‌طور کلی تعداد 32 دانشجوی عادی دانشجویان شهادت و ایبییکر و 373 دانشجوی عادی با تعداد معنی‌داری از این نمره در ایرانی نمره کمیت زندگی با وضعیت دانشجویان شهادت و ایبییکر در مقادیر قابل. منشخت گردید که بین این دو گروه تفاوت معنی‌داری وجود داشت. 

نتیجه‌گیری: این مطالعه به‌طور کلی در مطالعه افراد دانشجویان عادی دانشجویان شهادت و ایبییکر که یکی از فاکتورهای تاثیرگذاری کمیت‌زندگی آن‌ها و جامعه از آن را نباید به‌طور فرعی مطرح کنیم.
Abstract

Introduction: war has vast and profound effects on mental health and well-being of soldiers, veterans and survivors. The effects of psychological and behavioral disorders on family economy and quality of life, as a stressor, threatened the integrity and quality of life of family members. Quality of life is a series of cognitive and emotional reactions of people in relation to the physical, social and mental condition. According to information, Iran is a young country, and a major part of the population is made up of adolescent and young people. Students are One of the young population groups. Students are one of talented groups and creators of the future of the country and the main specialists in different fields of science, technology and the arts in their communities. So, their level of health and quality of life has a significant impact on their learning, knowledge and academic success.

Methods: This cross-sectional study was conducted by study population consisted of martyrs and veterans family students, as well as normal students in Kerman University of Medical Sciences. All martyrs and veterans family students who are potentially available, were considered and ultimately The sample size of 152 students was considered. To select a comparison group, normal students of Kerman University of Medical Sciences were used. To collect information on the quality of life of individuals, the General Health Questionnaire (GHQ-28) was used and Data analyzed by SPSS 16 software using independent t-test, analysis of variance, correlation and linear regression analysis, and finally the necessary information was calculated.

Results: in this study, The total number of 152 martyrs and veterans family students and 273 normal students completed questionnaires. The investigation of student's quality of life score with condition of students(martyrs and veterans family students vs. normal student) determined that the mean(SD) of the score in the martyrs and veterans family students was 20/5(10/3) and in the normal students was 20/8(11/3), that showed no significant difference between the groups(p=0/78). The results indicated that the martyrs and veterans family student's quality of life score was 0.3 units fewer than normal student's quality of life score that Showed martyrs and veteran family student life quality was better than the quality of life of normal students, The difference between the two groups was not significant statistically(p=0/78).

Conclusion: In this study, martyrs and veterans family students of the Kerman University of Medical Sciences, in terms of overall quality of life were not significantly different from normal students. Also, in all domains of quality of life in martyrs and veterans family students with normal students were not different, significantly. The topics discussed may be attributable to social support applied by the Foundation of martyrs and Veterans Affairs directly, or applied by other organizations indirectly. From another perspective, view of the most of our people to the families of martyrs and veterans can affect the quality of life for the students, especially in social interactions.

Key words: Quality of life, martyrs and veterans family students, Kerman